

~~06/12/23~~ 25/08/23

Meeting minutes

- i) Planned for Workshop (one day) for teaching staffs.
- ii) Discussion about program.
- iii) Took decision about the providance of healthy snacks (sprouted gram seed, coconut juice)
- iiii) Designed the certificate for participants.
- iv) Invited external yoga trainer. ~~and~~

Members participated

1. Anindita Dey.

2. Smijita Basumatiek

3. Moon Jana

4. Sanjay Shah

5. Tapas Saren

6. Ashis Kumar Das.

7. Moon Jana

01/09/23

One Day Workshop on "Workplace stress management"

Participants

The faculty members of the college.
30 participants from different departments.

Date: 6/12/2023

Meeting minutes.

- Agenda: 1. Maintain regularity.
- 2. Student / Faculty attendance.

1. Ask ~~Mr~~ 'Radhey' for student coordination.
2. Monthly duty allotment.
3. Committee members are not present, committee need to be reformed.
4. Dr. Sanjayshand & Arpita Paul needed to be included in yoga committee as coordinator. Also Pritha Biswas is joining committee. Also Amul Haque joining committee.

5. † January	Sudip Dasgupta. Asish Das † Asish Das	
February	Shirsendu Mukherjee † Ashis Sahu	
March	Smriti Basumatlick † Moon Jana.	
April	Tapas Saneu † Anindita Dey	
May	Sanjay Sah † Indrani Bhattacharyya.	
X June	Arpita Paul † Ranchor Karmakar.	
X July		
August	As	
September	Sudip Dasgupta Asish Das	Pritha Biswas † Amul Haque.
X October		

November.

Shirsendu Mukherjee

Asish Das + Anindita Dey + Moon Jana.

December.

Sanjay Sah

Indrani Bhattacharyya

Each month two committee members will be responsible for weekly class.

Umanah

Umanah

Asish Sah

Shirsendu Mukherjee

Paulami Samanta

Anindita Dey

Smriti Basumatlick

Tapas Sarker

Moon Jana

11/01/24

Meeting minutes

- ① Discussion about karate
- ② Participation of students in yoga and karate classes.
- ③ Make a permanent banner ~~about~~ to advertise the program.

Members present

Srijita Basumallick 11/1/24

Arindita Dey

Moan Sana.

Radhshyam Brajan (G.S)

Kunal Kumar Ghosh

Shivedika Ghosh